

DSM-5 SUMMARY PAGES

Pillar I: Mood Disorders

Pillar II: Psychotic Disorders

Pillar III: Anxiety & OCD Disorders

Pillar IV: Substance Abuse & Other Addictions

Neurodevelopmental Disorders: ADHD, Autism Spectrum, Intellectual Development, Tics

Specialty Areas I: Trauma, Dissociative, Eating & Elimination Disorders

Specialty Areas II: Neurocognitive Disorders, Behavioral

Specialty Areas III: Somatic & Sleep Disorders

Specialty Areas IV: Sexual & Gender

Personality Disorders

WARNING: The description of DSM-5 disorders that follows are in a highly simplified and summarized form. They are meant to give a quick overview and a reminder of the disorder. They do not, however, include all of the full diagnostic criterion found in the complete DSM-5 text. The DSM-5 should be purchased as a separate side-by-side text. Please do not use our book to formally reach a diagnosis, but rather as a quick reference and memory tool.

DEPRESSIVE DISORDERS:

Major Depressive Disorder

- 5 “SIG E CAPSS” symptoms for at least 2 weeks [Sadness, Interest loss, Guilt or worthlessness, Energy loss, Concentration loss, Appetite change, Psychomotor agitation or retardation, Sleep change, Suicidal thoughts]

296.2x / F32.x Major Depressive Disorder, single episode

296.3x / F33.x Major Depressive Disorder, recurrent

Intensity:	Single Episode:	Recurrent Episode:
Mild	296.21 / F32.0	296.31 / F33.0
Moderate	296.22 / F32.1	296.32 / F33.1
Severe	296.23 / F32.2	296.33 / F33.2
Psychotic	296.24 / F32.3	296.34 / F33.3

300.4 / F34.1 Persistent Depressive Disorder (Dysthymia)

- Sad most days for 2 years
- 2 or more of: sleep change, hopelessness, appetite change, low self-esteem, concentration loss
- Never 2 months symptom free in first 2 years
- Significant distress or impairment

296.99 / F34.8 Disruptive Mood Dysregulation Disorder

- Severe recurrent temper outbursts (verbal or physical)
- Out of proportion to context
- 3 or more per week; persists more than a year; began as child (6-18)
- Persistent irritability
- (not better explained by mania, depression, autism, substance abuse, etc)

625.4 / N94.3 Premenstrual Dysphoric Disorder

- Symptoms present one week prior to menses
- At least 1 of the 4 following: mood swings, irritability/anger, sadness, anxiety/tension
- At least 5 total: mood swings, irritability/anger, sadness, anxiety/tension, loss of interest, poor concentration, fatigue, appetite change, sleep change, overwhelmed, physical symptoms (breast tenderness, bloating, pain, weight gain)
- Significant distress or impairment

BIPOLAR DISORDERS:

296.7 / F31.9 Bipolar I Disorder

- Euphoric or irritable mood and increased energy or activity for 1 week
- 3 out of 7: grandiose, decreased sleep, talkative, racing thoughts, distractibility, increased goal-directed activity, impulsive)
- Social or work impairment

296.89 / F31.81 Bipolar II Disorder

- At least 1 Hypomanic episode and at least 1 Major Depressive episode
- No full Manic episodes

Hypomanic Episode:

- Same as Bipolar I Manic episode except: at least 4 days duration (instead of 7)
- And **NO marked impairment** in social or occupational functioning

301.13 / F34.0 Cyclothymic Disorder

- Numerous hypomania and depression symptoms for most of the time for 2 years
- Never reaches full diagnosis for either hypomanic, manic or depressive episodes
- Not without symptoms for 2 months in 1st 2 years.
- Clinically significant distress or impairment

May Add Specifiers:

- with Anxious Distress
- with Mixed Features (mania and depression)
- with Rapid Cycling (for Bipolar I and II: > 4 episodes per year)
- with Melancholic Features (loss of pleasure, lack of reactivity, despair, worse in a.m., early morning awakening)
- with Atypical Features (weight gain, increased sleep, leaden paralysis, interpersonal rejection sensitivity, mood reactivity)
- with Psychotic Features, with Catatonia, with Peripartum Onset, with Seasonal Pattern

PSYCHOTIC DISORDERS:

295.90 / F20.9 Schizophrenia

- Must have 1 positive symptom (hallucinations, delusions or disorganized speech) for 1 month
- 2 of the following: hallucinations, delusions, disorganized speech, disorganized behavior, or negative symptoms (low emotion, low motivation)
- Prior or residual poor functioning for at least 6 months
- Social or work impairment

295.40 / F20.81 Schizophreniform Disorder

- Schizophrenic symptoms between 1-6 months duration

295.70 / F25.0 Schizoaffective Disorder, Bipolar type

- Schizophrenic symptoms and Bipolar I symptoms present most of the time.
- At least 2 weeks of delusions or hallucinations without Bipolar symptoms
- Must have Bipolar symptoms for the majority of time.

295.70 / F25.1 Schizoaffective Disorder, Depressive type

- Schizophrenic symptoms and Depression symptoms present most of the time.
- At least 2 weeks of delusions or hallucinations without Depression symptoms
- Must have Depression symptoms for the majority of time.

297.1 / F22 Delusional Disorder

- Moderate delusions at least 1 month, not Schizophrenic level
- Otherwise good functioning; no bizarre behavior
 - Erotomanic type
 - Grandiose type
 - Jealous type
 - Persecutory type
 - Somatic type
 - Mixed type
 - Unspecified type

298.8 / F23 Brief Psychotic Disorder

- Schizophrenic symptoms for less than 1 month
- Full return to premorbid level.
 - with marked stressors
 - without marked stressors
 - with postpartum onset
 - with Catatonia

ANXIETY DISORDERS:**300.01 / F41.0 Panic Disorder**

- Recurrent, abrupt, unexpected intense fear or discomfort
- Persistent worry of additional attacks for 1 month
- 4 out of 13 symptoms: (palpitations, sweating, trembling, shortness of breath, choking, chest pain, nausea, dizziness, derealization, fear of "going crazy", fear of dying, numbness/tingling, hot/cold flashes)
- "Panic Attack" can also be a specifier for other diagnoses (i.e. "PTSD with Panic Attacks")

300.22 / F40.00 Agoraphobia

- Intense fear of 2 or more of: public transportation, open spaces (markets, bridges), enclosed spaces (theaters, shops), crowds, being away from home.
- Avoids these areas
- Greater than 6 months; interferes with work or social functioning

300.02 / F41.1 Generalized Anxiety Disorder

- Excessive worry most days for 6 months
- 3 out of 6: (restless, fatigue, concentration, irritability, tense, insomnia)
- Interferes with work / social functioning

300.29 Specific Phobia

- Intense unreasonable fear
- Interferes with work / social functioning

F40.218 - Animal fear (insects, snakes, dogs, etc)**F40.228** - Natural environment (heights, thunderstorms, etc)**F40.231** - Needle injections**F40.248** - Situational (elevators, planes, tight spaces)**F40.298** - Other**300.23 / F40.10 Social Anxiety Disorder**

- Formerly "Social Phobia"
- Persistent fear of social interaction or performance
- Interferes with work / social functioning

309.21 / F93.0 Separation Anxiety Disorder

- Excessive anxiety over separation from home or parents

313.23 / F94.0 Selective Mutism

- Mute in some settings but not others

OBSESSIVE-COMPULSIVE DISORDERS:

300.3 / F42 Obsessive-Compulsive Disorder

- Obsessions: persistent intrusive, inappropriate non-psychotic thoughts
- Compulsions: repetitive behaviors compelled to reduce distress
- Patient sees as excessive / unreasonable
- Marked distress / interference

300.7 / F45.22 Body Dysmorphic Disorder

- Preoccupation with imagined defect in physical appearance
- Repetitive checking, grooming, picking, comparing, or reassurance seeking
- Work / social impairment

312.39 / F63.2 Trichotillomania

- Recurrent hair pulling and hair loss
- Failed attempts to stop hair pulling
- Marked distress or impairment

300.3 / F42 Hoarding Disorder

- Can't discard possessions regardless of value
- Possessions accumulate, cluttering living space
- Marked distress or impairment

698.4 / L98.1 Excoriation (Skin-Picking) Disorder

- Persistent skin picking causing lesions or infections
- Failed attempts to stop skin picking
- Marked distress or impairment

SUBSTANCE ABUSE DISORDERS:

Alcohol Use Disorder

305.00 / F10.10 MILD=2-3 symptoms

303.90 / F10.20 MOD = 4-5 symptoms

303.90 / F10.20 SEV = 6 or more symptoms

Symptom List:

- Uses more than intended
- Failed attempts to cut back
- Excessive time spent in obtaining, using, or recovering from substance
- Cravings for substance
- Substance use leads to problems at work, school or home
- Important work, social or recreational activities are given up due to substance use
- Uses in dangerous situations
- Persistent use despite awareness of problem
- Tolerance (needs more substance for same effect)
- Withdrawals

Alcohol Use, Intoxication, or Withdrawal Disorders
Caffeine Intoxication or Withdrawal Disorders
Cannabis Use, Intoxication, or Withdrawal Disorders
Hallucinogen Use or Intoxication Disorders
Inhalant Use or Intoxication Disorders
Opioid Use, Intoxication, or Withdrawal Disorders
Sedative Use, Intoxication, or Withdrawal Disorders
Stimulant (Cocaine / Amphetamine) Use, Intoxication, or Withdrawal Disorders
Tobacco Use or Withdrawal Disorders

312.31 / F63.0 Gambling Disorder

- Continued gambling despite distress or impairment
- 4 of the following: increasing amounts of money gambled, irritable when cuts back on gambling, failed attempts to cut back, preoccupied with gambling, gambles to feel better, "chases their losses" (gambles later to make their money back), lies about gambling, relationship / work / or school problems, others give them money to help desperate need caused by losses.

NEURODEVELOPMENTAL DISORDERS:

Attention-Deficit / Hyperactivity Disorder (ADHD)

- Persistent **inattention** or **hyperactivity** interfering with functioning for 6 months, began before age of 12
- **Inattention**- 6 or more of the following: inattention to details, difficulty sustaining attention, doesn't listen well, poor follow through on tasks, poor organization, avoids homework or large projects, often loses things, distractible, forgetful
- **Hyperactivity** - 6 or more of the following: fidgets or squirms, leaves seat often, runs around inappropriately, can't play quietly, driven, always moving, overly talkative, blurts out answers, difficulty waiting or taking turns, interrupts frequently

314.01 / F90.2 ADHD, Combined

314.00 / F90.0 ADHD, Inattentive

314.01 / F90.1 ADHD, Hyperactive / Impulsive

299.00 / F84.0 Autism Spectrum Disorder:

Problems with social communication and social interaction

Repetitive behaviors; 2 of the following:

- Repetitive actions or speech
- Insistence on sameness
- Restricted fixated interests
- Increased or decreased sensitivity to sensory stimulation

3 Levels:

- Level 1 - requiring support
- Level 2 - requiring substantial support
- Level 3 - requiring very substantial support

Communication Disorders:

315.39 / F80.9 Language Disorder - difficulty using language

315.39 / F80.0 Speech Sound Disorder - difficulty speaking

315.35 / F80.81 Childhood Onset Fluency Disorder - stuttering issues

315.39 / F80.89 Social (Pragmatic) Communication Disorder - speaking difficulties in social context

Specific Learning Disorders:

315.00 / F81.0 Learning Disorder in Reading

315.2 / F81.81 Learning Disorder in Writing

315.1 / F81.2 Learning Disorder in Mathematics

319 Intellectual Disability [F70 - Mild; F71 - Moderate; F72 - Severe; F73 - Profound]

- Decreased intellectual functioning
- Decreased developmental and social functioning
- Begins in childhood

Motor Disorders:

315.4 / F82 Developmental Coordination Disorder

- Coordination impairment, clumsy, slow, inaccurate
- Marked distress / interference

307.3 / F98.4 Stereotypic movement Disorder

- Repetitive purposeless movement (head banging, rocking, biting, picking, hitting, etc.)
- Interferes with functioning or self-injurious

307.23 / F95.2 Tourette's Disorder

- Multiple motor tics + 1 vocal tic
- Persistent for 1 year
- Marked distress or impairment
- Onset before 18 years old

307.22 / F95.1 Persistent Motor or Vocal Tic Disorder

- Motor only or vocal only tics
- Persistent for 1 year
- Marked distress or impairment
- Onset before 18 years old

307.21 / F95.0 Provisional Tic Disorder

- Tics, 4 weeks to 1 year
- Marked distress or impairment
- Onset before 18 years old

TRAUMA & STRESS DISORDERS:

309.81 / F43.10 Post Traumatic Stress Disorder (PTSD)

- Severe Trauma - experienced trauma, witnessed trauma, or learned about violent trauma to loved one
- Intrusive memories, nightmares, flashbacks
- Avoidance - (avoid memories, thoughts, feelings, reminders)
- Negative thoughts & feelings: amnesia to the event, exaggerated negative beliefs, self (or other) blame, persistent fear / anger / horror / shame, low interest in activities, feeling detached, feeling numb
- Hyperarousal (insomnia, poor concentration, emotional lability, hypervigilance, exaggerated startle, reckless or self destructive behavior)
- Symptoms present for 1 month and work / social impairment

Preschool Subtype (under 6 years of age)

308.3 / F43.0 Acute Stress Disorder

- PTSD, but less than one month since trauma.

Adjustment Disorders

- Stressor leading to excessive distress or work / social impairment
- Symptoms do not last greater than 6 months after resolution of stress
- Specify stress as acute or chronic (greater than 6 months)

- 309.0 / F43.21 Adjustment Disorders with depressed mood**
- 309.24 / F43.22 Adjustment Disorders with anxiety**
- 309.28 / F43.23 Adjustment Disorders with mixed anxiety and depressed mood**
- 309.3 / F43.24 Adjustment Disorders with disturbance of conduct**
- 309.4 / F43.25 Adjustment Disorders with mixed disturbance of emotions and conduct**

313.89 / F94.1 Reactive Attachment Disorder

- Poor care-giving at early age (neglected, deprived, too numerous care-givers, or orphanage)
- Emotionally withdrawn behavior towards care-givers (doesn't seek or respond to comfort)
- Socially and emotionally unresponsive, inappropriately irritable /sad / or fearful

313.89 / F94.2 Disinhibited Social Engagement Disorder

- Poor care-giving at early age (neglected, deprived, too numerous care-givers, or orphanage)
- Child inappropriately approaches or is overly familiar with unknown adult.

DISSOCIATIVE DISORDERS:

300.14 / F44.81 Dissociative Identity Disorder (Multiple Personality)

- 2 or more distinct personalities recurrently take control
- Compartmentalization of information.
- Marked distress or impairment

300.12 / F44.0 Dissociative Amnesia

- Trauma leading to inability to remember personal information
- Marked distress or impairment
- Specify if it includes **Dissociative Fugue (travel) 300.13 / F44.1**

300.6 / F48.1 Depersonalization / Derealization Disorder

- Recurrent subjective detachment (as if an "outside observer" or in a dream)
- Intact reality testing (not psychotic)
- Marked distress or impairment

FEEDING AND EATING DISORDERS:

307.1 Anorexia Nervosa

- Reducing food intake and refusal to maintain minimally healthy weight
- Strong fear of gaining weight or being "fat"
- Disturbance in body image (usually perceiving self as much heavier)
- Mild: BMI above 17, Moderate: BMI 16-16.99, Severe: BMI 15 - 15.99, Extreme: BMI <15

307.1 / F50.01 Restricting Type - no binge eating or purging (purely uses fasting and exercising)

307.1 / F50.02 Binge / Purge type - some binges or purging (vomiting, laxatives, etc)

307.51 / F50.2 Bulimia Nervosa

- Binge eating with minimal sense of control
- Purging or over exercising

307.51 / F50.8 Binge Eating Disorder

- Binge eating with minimal sense of control
- No purging or over exercising to try to compensate

FEEDING DISORDERS:

307.59 / F50.8 Avoidant / Restrictive Food Intake Disorder

- Extreme food preferences leading to substantial psychosocial or nutritional problems

307.52 / F98.3 (children) / F50.8 (adults) Pica

- Eating non-food items for 1 month or more
- Inappropriate for age

307.53 / F98.21 Rumination Disorder

- Persistent regurgitation of food (may be re-chewed or spit out)

ELIMINATION DISORDERS:**307.6 / F98.0 Enuresis** - Loss of control of urine (day or night)**307.7 / F98.1 Encopresis** - Loss of control of stool (with or without constipation)**NEUROCOGNITIVE DISORDERS:****293.0 / F05 Delirium**

- Quick onset disturbance in attention, orientation, and cognition (memory, language & perception)
- Evidence of a medical cause (substance intoxication or withdrawal, toxin, medication reaction, or other physical illness)
- May also be more specific in coding to specific cause

Major Neurocognitive Disorder

- Significant cognitive decline in one or more areas (learning and memory, language, executive functioning, complex attention, perceptual-motor, or social cognition)
- Interferes to the point of needing assistance
- Specify (and code) subtypes when possible: Alzheimer's, Vascular, Substance Induced, Traumatic Brain Injury, HIV Infection, Parkinson's Disease, Lewy Bodies, Prion Disease, and Huntington's Disease.

Mild Neurocognitive Disorders

- Modest cognitive decline in one or more areas (learning and memory, language, executive functioning, complex attention, perceptual-motor, or social cognition)
- Does not interfere with functioning or independence
- Specify (and code) subtypes when possible: Alzheimer's, Vascular, Substance Induced, Traumatic Brain Injury, HIV Infection, Parkinson's Disease, Lewy Bodies, Prion Disease, and Huntington's Disease.

DISRUPTIVE IMPULSE-CONTROL DISORDERS:**313.81/ F91.3 Oppositional Defiant Disorder**

- Angry, argumentative, vindictive or defiant behavior for 6 months
- Marked distress or impairment

312.89 / F91.9 Conduct Disorder

- Persistently violates other's rights or societal rules (hurting people or animals, property destruction, lying, theft, illegal activity)
- May code more specifically for Childhood or Adolescent onset

312.34 / F63.81 Intermittent Explosive Disorder

- Recurrent verbal or physical outbursts out of character for the person and disproportionate to the stress.

312.32 / F63.3 Kleptomania

- Recurrent impulsive stealing of un-needed items
- Build up of tension prior to the act and relief following it

312.33 / F63.1 Pyromania

- Recurrent fire setting and attraction to fire
- Build up of tension prior to the act and relief following it

SOMATIC DISORDERS:**300.82 / F45.1 Somatic Symptom Disorder**

- Disproportionately excessive response (thoughts, feelings or behaviors) to a distressing physical symptom
- Usually persists at least 6 months

300.7 / F45.21 Illness Anxiety Disorder

- Excessive worry over having a serious illness, despite minimal medical evidence
- High anxiety around health overall
- Excessive health-related activities (symptom checking, tests, doctor visits, etc), or avoids medical care

316 / F54 Psychological Factors Affecting Medical Condition

- Psychological factors adversely affect the course of a medical illness

300.19 / F68.10 Factitious Disorder

- Intentional faking to achieve a sick role
- No clear economic or legal motivators

300.11 Conversion Disorder (Functional Neurological Symptom Disorder)

- Abnormal voluntary motor or sensory functioning
- Symptoms are incompatible with recognized neurologic or medical conditions
- Marked distress or impairment

Document Subtype:**F44.4: Weakness, paralysis, abnormal movement, swallowing, speech****F44.5: Seizures****F44.6: Anesthesia or sensory loss****F44.7: Mixed****SLEEP-WAKE DISORDERS:****780.52 / G47.00 Insomnia Disorder**

- Difficulty initiating or maintaining sleep, 3 nights a week for at least 3 months
- Marked distress or impairment

780.54 / G47.10 Hypersomnolence Disorder

- Excessive sleepiness despite sleeping at least 7 hours per night
- One of the following: non-restorative sleep lasting 9 hours or more, recurrent lapsing into sleep through the day, or difficulty awakening
- Occurs 3 times a week for at least 3 months
- Marked distress or impairment
- Not better explained by: sleep apnea, narcolepsy, parasomnias etc

Narcolepsy

- Irresistible sleep attacks, at least 3 times a week for 3 months
- At least one of the following:
 - Cataplexy: sudden loss of muscle tone after laughing
 - Hypocretin deficiency on spinal tap
 - Sleep study showing reduced REM sleep latency
- ICD 9 and 10 coded by specific subtypes

307.45 Circadian Rhythm Sleep-Wake Disorders

- G47.21 - Delayed Sleep Phase
- G47.22 - Advanced Sleep Phase
- G47.23 - Irregular Sleep-wake Type
- G47.24 - Non 24-hour Sleep-wake Type
- G47.26 - Shift work type
- G47.20 - Unspecified type

BREATHING RELATED SLEEP DISORDERS:**327.23 / G47.33 Obstructive Sleep Apnea Hypopnea**

- Diagnosed via sleep study

Central Sleep Apnea

- Diagnosed via sleep study
- ICD 9 and 10 coded by specific subtypes

Sleep-Related Hypoventilation

- Diagnosed via sleep study
- ICD 9 and 10 coded by specific subtypes

PARASOMNIAS:**307.47 / F51.5 Nightmare Disorder**

- Repeated terrifying awakenings with vivid recall and alertness
- Marked distress or impairment

327.42 / G47.52 Rapid Eye Movement Sleep Behavior Disorder

- Repeated sleep arousals with speaking or complex movements (walking, etc)
- Quickly awakens, fairly alert and not disoriented

333.94 / G25.81 Restless Legs Syndrome

- Urges to move legs, unpleasant restless sensation in legs, worse at night
- Occur at least 3 times a week for 3 months
- Marked distress or impairment

307.46 Non-REM Sleep Arousal Disorders

- No or little dream material recalled

307.46 / F51.3 Sleepwalking type: blank stare, relatively unresponsive, hard to awaken, no dream recall

307.46 / F51.4 Sleep Terror type: abrupt arousals, panic scream, intense fear and autonomic arousal

GENDER DYSPHORIA:**302.6 / F64.9 Gender Dysphoria**

- Conflict between one's assigned gender and their experience of their gender. A strong preference for characteristics of the opposite gender to which they were assigned.

- Clinically significant distress or impairment

SEXUAL DISORDERS:

302.72 / F52.22 Female Sexual Interest / Arousal Disorder

- Absent or reduced sexual interest or arousal

302.72 / F52.21 Erectile Disorder

302.73 / F52.31 Female Orgasmic Disorder

- Delayed or absence of orgasm

302.74 / F52.32 Delayed Ejaculation

302.76 / F52.6 Genito-Pelvic Pain/Penetration Disorder

302.71 / F52.0 Male Hypoactive Sexual Desire Disorder

302.75 / F52.4 Premature (Early) Ejaculation

PARAPHILIC DISORDERS:

302.4 / F65.2 Exhibitionistic Disorder

- Fantasies or behavior to expose genitals to unsuspecting others
- Marked distress or impairment

302.81 / F65.0 Fetishistic Disorder

- Intense sexual fantasies or behavior with non-living object or non-genital body part
- Marked distress or impairment

302.89 / F65.81 Frotteuristic Disorder

- Fantasies or behaviors of touching or rubbing against an unsuspecting adult
- Marked distress or impairment

302.2 / F65.4 Pedophilic Disorder

- Fantasies or behavior of sexual activity with a prepubescent child (usually 12 and under)
- The perpetrator is 16 years of age or older, and is 5 years older than victim
- Marked distress or impairment

302.83 / F65.51 Sexual Masochism Disorder

- Fantasies or behaviors of experiencing sexual humiliation or suffering
- Marked distress or impairment

302.84 / F65.52 Sexual Sadism Disorder

- Fantasies or behaviors of inflicting suffering on others
- Marked distress or impairment

302.3 / F65.1 Transvestic Disorder

- Fantasies or behaviors of cross-dressing
- Marked distress or impairment

302.82 / F65.3 Voyeuristic Disorder

- Arousal from observing unsuspecting person in sexual context or disrobed
- Marked distress or impairment

302.89 / F65.89 Other Specified Paraphilic Disorder

- Other paraphilias such as telephone scatologia (obscene calls), necrophilia (dead body), zoophilia (animals), coprophilia (feces), klismaphilia (enemas), urophilia, etc.
- Marked distress or impairment

PERSONALITY DISORDERS:**Cluster A: “Odd” Group****301.0 / F60.0 Paranoid Personality Disorder**

- Distrust since early adulthood
- 4 out of 7 symptoms: suspects deception, doubts loyalty of friends, reluctant to confide, reads hidden meanings, bears grudges, perceives personal attacks on character, unwarranted suspicions of partner

301.20 / F60.1 Schizoid Personality Disorder

- Detached social relationships
- 4 out of 7 symptoms: doesn't desire close relationships, solitary activities, no interest in a sex partner, few close friends, little pleasure in activities, indifferent to praise or criticism, emotional coldness or flat affect

301.22 / F21 Schizotypal Personality Disorder

- Eccentricities and few close relationships
- 5 out of 9 symptoms: odd behavior, magical thinking (ESP, superstitions), ideas of reference, illusions, odd thinking and speech, paranoia, inappropriate or constricted affect, few close friends, excessive social anxiety

Cluster B: “Dramatic” Group**301.83 / F60.3 Borderline Personality Disorder**

- Unstable relationships, unstable self image, unstable affects and impulsivity
- 5 out of 9 symptoms: frantically avoids abandonment, idealizes then devalues relationships, identity disturbance, dangerous impulsivity, recurrent suicidal thoughts or self-mutilation, affective instability, chronic empty feeling, anger control problems, transient dissociation or paranoia

301.50 / F60.4 Histrionic Personality Disorder

- Excessive emotions and attention seeking
- 5 out of 8 symptoms: center of attention, sexually seductive, shallow and unstable emotions, dresses to draw attention, emotional speech without substance, theatrical, suggestible and easily influenced, feels relationships are more intimate than they really are

301.81 / F60.81 Narcissistic Personality Disorder

- Grandiosity, need for admiration and lack of empathy since early adulthood
- 5 out of 9 symptoms: grandiosity, fantasies of unlimited power and success, sees self as “special” and only associates with others of high status, needs admiration, sense of entitlement, interpersonally exploitative, lacks empathy, envious of others, arrogant

301.7 / F60.2 Antisocial Personality Disorder

- Evidence of conduct disorder before age 15
- Disregards other's rights since age 15
- 3 out of 7 symptoms: repeated unlawful acts, deceitfulness, impulsivity, repeated physical fights, disregard for safety, consistent irresponsibility, lack of remorse

Cluster C: “Withdrawn” Group

301.82 / F60.6 Avoidant Personality Disorder

- Inhibited, inadequate and hypersensitive
- 4 out of 7 symptoms: avoids occupations dealing with people, avoids people unless they'll be liked, restrained in close relationships, fears social rejection, social inhibition, feels socially inept, few new activities or risks

301.6 / F60.7 Dependent Personality Disorder

- Excessive need to be taken care of
- Submissive and clingy behavior
- Fears of separation
- 5 out of 8 symptoms: difficulty making decisions, doesn't take responsibility, avoids conflict, poor initiation of projects, craves nurturance, helpless when alone, urgently seeks out relationships when one ends, fears being left to take care of themselves

301.4 / F60.5 Obsessive-Compulsive Personality Disorder

- Orderly, perfectionism and in control
- 4 out of 8 symptoms: overly preoccupied by details; interfering perfectionism, workaholic, overly strict values, pack rat, micromanages others, miserly, rigid and stubborn